

B.S. Human Nutrition and Dietetics: Nutrition for Wellness

2020-2021 Major Map for First Time College Student

	Sem.	Min.		Sem.	Min.
Course and Title	Hours	Grade	Course and Title	Hours	Grad
YEAR ONE – Semester 1			YEAR ONE – Semester 2		
HND 100, Careers in Dietetics	1.0		HND 101, Personal Nutrition	2.0	
ENGL 101, Composition I	3.0	С	ENGL 102, Composition II	3.0	С
MATH 108, College Algebra	3.0		PSYC 102, Intro to Psychology	3.0	
UCC Social Science	3.0		CHEM 140A, Chemistry	4.0	
UNIV 101, Saluki Success	1.0		UCC Fine Arts	3.0	
PLB/ZOOL 115, General Biology	3.0				
	14.0			15.0	
YEAR TWO – Semester 1			YEAR TWO – Semester 2		
KIN 201, Intro to Human Movement Science	3.0		HND 320, Foundations Human Nutrition	3.0	
CHEM 140B, Chemistry	4.0		PH 312, Emotional Health	3.0	
PHSL 201/208, Human Physiology/Lab	4.0		MICR 201, Elementary Microbiology	4.0	
CMST 101, Intro Oral Communication	3.0		UCC Multicultural	3.0	
			UCC Humanities	3.0	
	14.0			16.0	
YEAR THREE – Semester 1			YEAR THREE – Semester 2		
HND 321, Nutrition Care Process	3.0		HND 356, Experimental Foods	3.0	
HND 475, Nutrition Through Life Cycle	3.0		HND 410, Nutrition & Wellness Education	3.0	
PHIL 104, Ethics	3.0		HND 425, Nutrition Biochemistry	3.0	
PH 311, Human Growth & Development	3.0		HND 445, Nutrition for Sport & Exercise	3.0	
General Elective	3.0		General Elective	3.0	
	15.0			15.0	
YEAR FOUR – Semester 1			YEAR FOUR – Semester 2		
HND 485, Advanced Nutrition	3.0	<u> </u>	HTEM 206, Food Service Sanitation	1.0	
HND 495, Nutrition & Obesity	3.0		General Elective	3.0	
AH 105, Medical Terminology	2.0		General Elective	3.0	
General Elective	3.0		Statistics Course ¹	3.0	
General Elective	4.0		General Elective	3.0	
			General Elective	3.0	
	15.0			16.0	

Total Hours: 120

Academic policies as well as degree and major-specific requirements can be found at *catalog.siu.edu*. All students are encouraged to meet with the academic advisor on a regular basis to ensure timely progress to degree.

University Core Curriculum (UCC) is satisfied with the transfer of an Associate of Art or Sciences (AA or AS) degree or the completion of the Illinois Articulation Initiative-General Education Core Curriculum (IAI-GECC) from an Illinois community college.

¹Choose from: ABE 318, MATH 282, PSYC 211 or QUAN 402